

Subject: FW: Weekly Family Readiness News

Ladies and Gentlemen, The BLAST:

Marine Corps Family Team Building is hosting another blood drive at the end of the month and would like to extend the invite to all Marines and their families. This is a great organization to donate to because the Armed Forces Blood Program provides blood to our service members free of charge.

It's easy to register/sign up on line at:  
<https://www.militarydonor.com/index.cfm>

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Lincoln Properties:

For our current base housing residents, we now have district-specific websites that promote Lincoln events and disseminate information. To access the district information, they will have to contact me to receive their housing ID number, but some of the pages are public and you will see that one of them is called "CPEN Bulletin Board."

Please feel free to forward information about base events and / or resource information that you would like posted. The link below goes directly to the website, but the tab button is located on the  
[http://www.lpcmil.com/Installations/camp-pendleton-\(mcb\)/](http://www.lpcmil.com/Installations/camp-pendleton-(mcb)/) site under the tab "Current Resident / Community Updates button on the right hand side.

[http://mycommunity.lincolnmilitary.com/lmh/my\\_lmh/marines/](http://mycommunity.lincolnmilitary.com/lmh/my_lmh/marines/)

Dawn Baker  
Resident Relations Liaison  
Lincoln Military Housing, Camp Pendleton  
760-400-8187

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Ladies and Gentleman,

The Attached flyers is information on the "HAND UP Food Pantry" for families who may be in need. Please take a look at them. They have a lot to offer. Please contact Shelly Hahne for additional information

Shelly Hahne  
HAND UP Youth Food Pantry Coordinator

Family Service of San Diego  
One Source for a Lifetime of Help  
Main Office: (858) 637-3000  
Direct Line: (858) 637-3088  
Fax: (858) 637-3011  
[handup@ifssd.org](mailto:handup@ifssd.org) <mailto:handup@ifssd.org> | [www.ifssd.org](http://www.ifssd.org)  
<<http://www.ifssd.org/>>

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Temecula Costco will be holding a Military Appreciation Day for the families in the Temecula/Murrieta area on Saturday September 4, 2010. Please see the attached flier for all of the details. They are putting together a pretty nice continental breakfast for the families before they shop, and have put together a nice incentive for those interested in signing up for a membership that day.

Mr. Wayne R. Bell  
I MEF MHG  
Family Readiness Officer  
Office: (760) 763-2739  
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<http://www.i-mef.usmc.mil/external/mefhqtrsgpr/family/family.jsp>