

# POWER OF BLOOD



**ASBP**

WE ARE THE ARMED SERVICES BLOOD PROGRAM

## Marine Corps Family Team Building Fall Blood Drive

**Date** ..... Tuesday, 31 August 2010

**Time** ..... 0900 – 1400

**Where** ..... Building 1795, MCFTB/FRC

Register online: [www.militarydonor.com](http://www.militarydonor.com) (enter MCFTB)

[militaryblood.dod.mil](http://militaryblood.dod.mil)

**FREE T-SHIRT TO ALL DONORS**



## **MOST COMMON REASONS FOR DEFERRAL (READ CAREFULLY)**

- 1) **TATTOOS:** Please check with staff first to see if you qualify to donate. Deferral is usually 12 months after receiving a tattoo, however some states register their tattoo parlors so potential donors are able to donate prior to 12 months. Acceptable states are AL, AK, AR, DE, HI, IA, KS, LA, ME, MO, NE, OK, RI, SC, TN, TX, VT, VA, WV, and WI.
- 2) **INFECTION:** If you have an infection, sore throat, productive cough, earache or fever, you must wait until you are feeling better to donate.
- 3) **ANTIBIOTICS:** If you are currently on antibiotics for anything other than acne or infection prevention, you must wait until the infection is gone and you have been off the medication for at least 24 hours. If taken for prophylaxis (prevention) you must wait 48 hours after the last dose.
- 4) **YOU MUST NOT DONATE BLOOD IF ANY OF THE FOLLOWING APPLIES TO YOU:**
  - ✓ If you have ever injected drugs not prescribed by a physician.
  - ✓ If you have received chemotherapy to treat cancer.
  - ✓ If you had viral hepatitis at or after age eleven (11).
  - ✓ If you weigh less than 110 lbs.
  - ✓ If you are pregnant.
- 5) **TIME SPENT IN THE UNITED KINGDOM** (England, Scotland, Wales, Northern Ireland Isle of Man, or the English Channel Island): If during the years 1980 through 1996 you spent time in these areas which adds up to a cumulative total of 3 months or more, you may not donate blood.
- 6) **TIME SPENT IN EUROPEAN COUNTRIES** If during the years 1980 through 1996, you spent time in European countries with a risk of bovine spongiform encephalopathy (BSE) for a cumulative total of six months or more, you may not donate blood. **OR** If you spent time in European countries with a risk of BSE for a period of five years or more after Jan. 1, 1980, you may not donate blood.
- 7) **USE OF STREET DRUGS VIA NASAL PASSAGES:** You must wait 12 months after “sniffing” / “snorting” cocaine or any other street drug through your nose.
- 8) **TIME SPENT IN IRAQ OR AFGHANISTAN:** Those who have deployed to Iraq or Afghanistan must wait 12 months after returning to the United States before donating.