

Beyond the Brief

Time: Five 2-hour workshops

Number of Participants: 10 person minimum. Units may be combined for these workshops.

Location: The unit will decide on a location for the brief. The San Luis Rey MCFTB Family Readiness Center may be used for groups up to 160 people. A room may be available at MCFTB for child care.

Child Care: Regardless of the location, the unit is responsible for coordinating child care providers.

Focus of Beyond the Brief: This is a series of workshops available to adults to promote readiness of Marines/Sailors and families. The workshops are aimed at addressing topics identified as needing more discussion. The Pre-Deployment Brief is designed to hit the wave tops, whereas Beyond the Brief delves into greater depths on the following topics:

- 1) Coping with Deployment Stress: Designed to provide families with an understanding of the stress continuum and develop coping skills.
- 2) Safe and Sound at Home: Designed to empower families with the ability and confidence to be responsible for their own personal safety.
- 3) Personal Financial Management: Designed to provide families with a better understanding of financial topics.
- 4) The Casualty Assistance Process: Designed to educate and reassure families that they will be taken care of in every way possible should the need arise for a CACO visit.
- 5) Combat Operational Stress and PTSD: Designed to educate families on what combat stress and Post Traumatic Stress Disorder really are and the difference between the two.

These workshops may be offered at any time. Subject matter experts will be brought in to facilitate.

Setting up Beyond the Brief workshops: Your unit may choose to hold 1 or all 5 of the workshops. The unit Family Readiness Officer will contact the Readiness and Deployment Support Training office to set up the requested workshop(s) NLT 30 days prior to the planned date.



Bldg 1795

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